



# SignatureCare

## EMERGENCY CENTER

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	Influenza	COVID-19
<b>Signs/Symptoms that may develop</b>	Fever, chills, cough, sore throat, runny nose, congestion, body aches, headaches, vomiting, diarrhea and fatigue	-> PLUS - loss of taste and/or smell - confusion - shortness of breath - persistent pain in the chest - bluish lips or face
<b>Timing of exposure to symptoms</b>	2-14 days	1-4 days
<b>Ability to spread the virus</b>	A person can spread the virus 1 day prior to onset of symptoms and up to 7-10 days once symptoms begin	A person can spread the virus up to 2 days prior to showing symptoms and for 14+ days after testing positive. Asymptomatic patients are also contagious!

	Influenza	COVID-19
<b>How it spreads</b>	Person to person contact by respiratory droplets when people talk, cough, sneeze.	—> more contagious (easier to spread and contract from person to person)
<b>Testing Options</b>	Rapid nasal swab test	<ul style="list-style-type: none"> <li>- Rapid Nasal Swab Antigen test</li> <li>- Molecular PCR Nasal swab test</li> <li>- Antibody tests</li> </ul>
<b>Risk Factors that lead to poor outcome</b>	<ul style="list-style-type: none"> <li>- Older adults</li> <li>- Underlying medical conditions in adults and children</li> <li>- Pregnancy</li> </ul>	<p>—&gt; PLUS</p> <ul style="list-style-type: none"> <li>- Patients in certain ethnic and racial minority groups</li> <li>- School-aged children are at higher risk of Multisystem Inflammatory Syndrome in Children (MIS-C)</li> </ul>

	Influenza	COVID-19
<b>Complications</b>	<ul style="list-style-type: none"> <li>- Worsening respiratory distress due to pneumonia, fluid accumulation, and inflammation of lungs.</li> <li>- Inflammation of the heart, brain, muscles</li> <li>- Multi-organ failure</li> <li>- Worsening of underlying medical conditions (i.e. asthma attacks, heart attacks)</li> </ul>	<p>—&gt; PLUS</p> <ul style="list-style-type: none"> <li>- Blood clots (heart, lung, brain, legs)</li> <li>- Multisystem Inflammatory Syndrome in Children (MIS-C)</li> </ul>
<b>Treatment</b>	<ul style="list-style-type: none"> <li>- FDA approved anti-viral drugs</li> <li>- Each drug has specific guidelines for age, pregnancy and side effects.</li> </ul>	<ul style="list-style-type: none"> <li>- FDA has approved certain therapies under an Emergency Use Authorization (EUA) for specific populations (I.e. admitted patients, pregnancy)</li> </ul>

*Adapted from [CDC.org](https://www.cdc.org), <https://www.coronavirus.gov>, and <https://www.nih.gov/coronavirus>*

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